

MY CONFESSION OF HEALING AND HEALTH

One day the Holy Spirit impressed it on my heart that we need to go back to the ABC's of faith, right at the foundation of our lives as Christians is the truth of the power of our words and the connection between our believing confession and our experience of God's grace.

As Kenneth Hagin put it, you cannot rise beyond your confession; John G. Lake said at the heart of a victorious life is a bold public confession of who Jesus is to us, what did Jesus himself have to say? Whosoever will confess me (and all I represent) before men, him also will I confess before my father and the angels in heaven (Matt 10).

Our confession is important, Christianity is called the great confession, don't forget that true bible confession is not merely saying what we want; it is saying God's word because we believe it.

I like the way that Charles & Francis Hunter put it 'a confession a day keeps the devil away'. We need to keep the devils of sickness out of our lives by daily confessing God's word for health and healing, confession of God's word builds a consciousness of healing into our spirit so that when Satan comes knocking on our doors with sickness we can send the healing word to the door. Praise God.

I suggest you repeat this confession as many times as possible daily.

Father, I thank you for the revelation of your word, which is the truth, the reality of my situation concerning your will for my healing and health, you are a God that heals sickness and disease would be far from them if they walked in your commandments, today I have a better covenant established upon better promises in Jesus, I have a better claim to healing.

I confess I am walking in love, I repent of and renounce every action I have taken outside your love, I bring myself under the command of love, I refuse to walk in forgiveness, hatred or malice, I am a love child of a love God.

I believe that Jesus died for my sins, was striped for my healing, therefore I boldly declare that healing is my covenant benefit by the stripes of Jesus ,I claim by faith what is mine under the covenant.

Healing is mine from the top of my head to the soles of my feet, I claim wholeness, I confess that every cell, every organ, every tissue on my body is whole, I curse every power at work in my body against health, I command them to leave right now, I speak to every part of my body be well be whole be healthy in the Name of Jesus.

This body is the temple of God, Holy Spirit and anything that defiles this body will be judged, therefore I pronounce judgment on every abnormality in this body, I command you to leave. I declare that the law of the spirit of life in Christ has made

me free from the law of sin and death, sin and sickness cannot have dominion over me, life is at work in me, I renounce every death dealing covenant, I embrace the covenant of life through Jesus, I will not die, I will live by the power of the Holy Spirit and declare the works of God.

God by His Spirit is making my mortal body live, sickness and disease cannot fasten itself on me, I reject the sentence of death, I embrace the gift of life. Life is at work in me, in every cell tissue and fibre of my being.

I declare that my body is coming into perfect balance, chemical, physical, and magnetic balance; I am fearfully and wonderfully made, I am strong, healthy and well in the Name of Jesus.

I declare by His stripes I am healed and by His word and Spirit I am healthy halleluyah!

(You should adapt this confession to meet your peculiar circumstances; you will see God at work wonderfully in your life).